



## For further information

Aspinden Wood Centre is one of the services offered by the Social Interest Group, comprising, Penrose, Equinox and SIG investments.

For further information please contact:

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## Menu of Services

AWC's menu of services is designed to maximise the potential of residents, to help them towards recovery and improved health and well-being.

### These services include:

- **Person centred care and support**
- **One-to-one support to achieve stabilisation and harm reduction**
- **Group work to achieve harm minimisation**
- **Plan for abstinence if that is the goal**
- **Medical care through a weekly doctor's clinic**
- **On site nursing care**
- **Meals and refreshments**
- **Medication Support**
- **Personal care if required**
- **Weekly massage therapy**
- **Daily activities such as art therapy**
- **Laundry services**
- **Quarterly theatre production**

## Dedicated & Committed Staff

Aspinden Wood is committed to challenging the notion that nothing can be done to help this vulnerable group. The centre works with residents to bring them to the point at which they decide to change; this means our staff team have to be well trained and equipped, resilient and innovative with their approach.

Aspinden Wood is staffed by a full complement of highly skilled, dedicated staff that are committed to achieving realistic outcomes for the residents. Staffing includes, nursing and auxiliary staff and an in-house chef. The staff believe that, through encouragement and support, they can work with the residents, to reduce the harm caused by long term drinking and improve their life and well-being.

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A member of the



**Social  
Interest  
Group**

Registered in England No. 2114430 Charity Commission No. 296694

# Aspinden Wood Centre

Residential Care and Recovery  
centre for high impact, change  
resistant drinkers.

[equinoxcare.org.uk](http://equinoxcare.org.uk)

# In the UK, one person every hour either dies or is admitted to hospital as a result of alcohol!

The harm is not just to the individual. Their family and community feel effects too, and it puts tremendous physical and financial pressure on our hospitals and emergency services.

## Aspinden Wood Centre (AWC)

Aspinden Wood Centre (AWC) is a dynamic response to people in crisis. It is a CQC registered Care Home based in Bermondsey, South East London. The service has a national remit and has accommodation for 26 people, male and female, who are high impact, change and treatment resistant drinkers. They may also have complex or chronic physical health care needs and require 24/7 care and support.

## Referrals

AWC accepts referrals from across the UK. It offers a unique service and is able to provide bespoke programmes tailored to each individual's need. AWC accepts men and women over 18 years of age who can be:

- **Chaotic**
- **Challenge services**
- **Need help with personal care**
- **Homeless or housed**
- **Need additional support because of physical and mental health issues**
- **Continuing to drink**
- **Excluded from other services**

## Why we are here

Our service is here primarily for people who struggle to maintain contact with services, or who don't appear motivated to change. They have been identified as being in crisis with their drinking and it is negatively impacting on their own lives and that of their families' and/or local communities.

## What we do

AWC offers residents the chance to gain stability in their lives and reduce the harm caused by alcohol, whilst improving their physical health & mental well-being. They are given the help to develop skills and techniques to better manage their alcohol intake and build 'recovery capital', without the need to be completely abstinent from alcohol during their stay.

We work in partnership with police, housing, specialist alcohol treatment services as well as GPs. We also work with other agencies such as; mental health teams, rehabilitation services, substance misuse teams and clinical teams. This ensures a consistent and person centred approach that is jointly owned by all involved in the individual's safety and support.

## What we offer

- **A safe residential space**
- **Stabilisation techniques**
- **Harm minimisation programmes**
- **Positive action and the promotion of self-belief**
- **Help with nutrition and healthy living**
- **Health and well being support**
- **Help with personal care if required**
- **Multi agency working and co production**
- **On site nurse and GP clinic**

## The cost of alcohol to society £21 Billion

## Impacts & Costs

The effects of harmful drinking on individuals, their families and communities are wide-ranging. This group of drinkers is a key contributor to a range of issues from emergency hospital admissions and readmissions to crime and disorder. In an average local authority area high risk treatment resistant drinkers number at least 450 and will cost public services a minimum £12.5 million per annum.

The cost of alcohol to society on the whole is estimated at £ 21 billion. Alcohol treatment for harmful and dependent drinkers is an essential element in the broader range of alcohol policies and interventions. People who are alcohol dependent should have access to support that promotes and sustains their recovery.

## Who we help

- **Have a severe and enduring drinking problem that; challenges services & communities and destroys families**
- **Have a pattern of not engaging with, or benefiting from alcohol treatment**
- **Have a pattern of multiple interactions with public services (such as A&E units, police, social care or criminal justice)**
- **May have other complex health needs**
- **May require stabilisation and harm reduction programmes for 3 to 6 months**
- **May require long term care for additional health reasons**

